

# STEP 2 TO *receiving*

RELEASE, RE-WIRE & RECEIVE MINI-COURSE

This audio is about getting clear on what you really want to receive.

Because the universe is constantly giving, it's important to be crystal clear about what we desire.

Remember, if you are *in want or wanting*, you are *in lack and lacking*.

want [wont, wawnt]

noun:

to be deficient by the absence of some part or thing, or to feel or have a need

to have need

to be in a state of destitution, need, or poverty:

to be lacking or absent, as a part or thing necessary to completeness:

Clear, small and specific increments around what you want to receive is the way to begin. For instance, 'What would it be like if I always had \$1000 in my bank account, no matter what?' What needs to happen is the re-wiring of our brain as to what is possible.

You are training the reticular activating system to pull important info from your subconscious to your conscious brain. You are training your brain to see where the answer is.

**Write out specifically and exactly what you are asking for. What do you want to call forth?**

This is the time to re-visit your requests and make sure to pose your requests as questions, 'What would it be like to .... ... ?' Ours is not to figure out the how, it is to ask the questions.

**REVISIT:** Affirmation

Come back and listen at 15:00 for how to create an affirmation that will help you pull all this goodness into your life with ease, clarity and abundance.

**Write your affirmation here for a daily reminder.**